

CLASS PLANNER: SEPTEMBER 2020 - JANUARY 2021

Week Beginning	Theme
Tuesday 1st September	Forwards Week
Monday 7th September	Backwards Week
Monday 14th September	Handstand Technique
Monday 21st September	Cartwheel Focus
Monday 28th September	Springboard & Trampoline
Monday 5th October	Vaulting
Monday 12th October	Badge Testing
Monday 19th October	Badge Testing
Monday 26th October	Strength & Flexibility
Monday 2nd November	Combination Week
Monday 9th November	Tumbling Progressions
Monday 16th November	Rotation Development
Monday 23rd November	Acro & Balances
Monday 30th November	Vaulting
Monday 7th December	Gymnasts Choice
Monday 14th December	Christmas Fun!
Sunday 20th December - Last Day of Term	
Monday 4th January 2021	New Term Starts