



General Class Planner: April – August 2022

Week Beginning	Theme
	Stands / Balances / Posture
Tuesday 19th April	
Monday 25th April	Floor - Forwards
Monday 2nd May	BANK HOLIDAY (NO CLASSES)
Monday 9th May	Springboard / Trampette
Monday 16th May	Tumble - Cartwheels
Monday 23rd May	Club Champs Focus
Monday 30th May	Club Champs Focus
Thursday 2nd June	BANK HOLIDAY (NO CLASSES)
Friday 3rd June	BANK HOLIDAY (NO CLASSES)
Monday 6th June	Club Champs Focus
Monday 13th June	Club Champs Focus
Monday 20th June	Club Champs Focus
Monday 27th June	Club Champs Focus
Saturday 2nd July - Sunday 3rd July	CLUB CHAMPS
Monday 4th July	Flexibility
Monday 11th July	Floor - Backwards
Monday 18th July	Vault
Monday 25th July	Trampoline
Monday 1st August	Floor - Combinations
Monday 8th August	Tumble - Handstands
Monday 15th August	Gymnast Choice
Monday 22nd August	Summer Fun
Sunday 28th August - Last Day of Term	
Monday 29th August	BANK HOLIDAY (NO CLASSES)