

AMENDED SEPTEMBER 2025

SPELTHORNE GYMNASTICS

CODE OF CONDUCT SQUAD PARENTS/GUARDIANS

All squad parents and guardians are required to comply with the following rules of behaviour to ensure that everyone is treated fairly and respectfully. Failure to adhere to these rules may result in your gymnast's membership of the Club being discontinued without warning.

1. YOUR CHILD

- 1.1. You should encourage your child to learn the Code of Conduct for Gymnasts and participate within them.
- 1.2. You should help your child to recognise good performance, not just results.
- 1.3. You should set a good example by recognising good sportsmanship and applauding the performances of all.
- 1.4. You should support your child's involvement (and their partners) and help them to enjoy their sport.

2. PUNCTUALITY, SICKNESS & INJURY

- 2.1. You should always collect your child promptly at the end of a session – call reception if you have a problem.
- 2.2. You should keep the coach informed if your child is ill or unable to attend sessions.
- 2.3. You must let us know if your child is injured and provide any guidance received from doctors so that we can adjust the training accordingly.

3. COMPETITIONS & OFFICIALS

- 3.1. You must not challenge or argue with officials at competitions.
- 3.2. You should publicly accept officials' judgements.

4. CLOTHING & HYDRATION

- 4.1. You should always ensure your child is dressed appropriately for the activity and has plenty to drink.

5. CONCERNS, COMPLAINTS, COMMUNICATION WITH THE CLUB

- 5.1. You must endeavour to establish good communications with the club, coaches and officials for the benefit of all.
- 5.2. You must share any concerns or complaints about any aspect of the club through the approved channels by email to info@spelthornegymnastics.com
- 5.3. Any issues relating to specific squad matters should be issued by email to:
 - 5.3.1. Squad 1 - elite@spelthornegymnastics.com
 - 5.3.2. Squads 2, 3 and 4 - info@spelthornegymnastics.com

5.4. You must share any concerns or complaints of a welfare nature to:

welfare@spelthornegymnastics.com

5.5. You must use correct and proper language at all times. Abusive language will not be tolerated.

5.6. You must not be abusive to our staff.

6. COMMUNICATION WITH PARENTS AND GYMNASTS

6.1. You must, at all times, be respectful and considerate to other parents and gymnasts. Abusive, controlling, rude or disrespectful behaviour of any kind will not be tolerated.

6.2. You must recognise that others may have different aspirations, physical abilities, rates of progress, injuries and the like, and not criticise or belittle them.

6.3. You must not contact or discuss the training, performance or behaviour of other gymnasts in a critical manner with anyone other than the coaches. This includes discussions with other parents or gymnasts either verbally, by text message or any other means of communication.

7. SOCIAL MEDIA

7.1. You must not post defamatory, harmful or critical (cryptic or otherwise) messages on any social media platforms that are directed towards and might upset others or negatively impact the club in any way. If you have a grievance or concern, you must contact the club directly through the approved channels.

8. OUR COMMUNICATION WITH YOU

8.1. For children under the age of 16, we will communicate all matters directly to you, either verbally or via your email or through your membership portal.

8.2. For gymnasts aged 16+, we will communicate all matters directly to them verbally for their onward transmission to yourself and/or or through your membership portal.

9. COACHING

9.1. You must never try to coach your child (or coach/advise others) unless you are fully qualified and employed by the club to do so.

Principal: Bob Cooper

Date: 5th September 2025